

LEISURE

You can find general information about local clubs, societies, sporting organisations and various leisure activities through the following community information websites.

EssexLife: www.essexlife.org
EssexOnline: www.essexonline.gov.uk
Harlow Portal www.harlowportal.coop
Harloweb: www.harlow.gov.uk
Round About Harlow: www.roundaboutharlow.co.uk

Festiva Club

This is a social club with diversity for Harlow's black and ethnic minority communities of all ages. They offer social events, cultural awareness events and training, informal confidence building sessions and young people's activities. To sign up for membership, ring 01279 423789

Harlow Council Leisure Opportunities for older residents

The Active Retirement Scheme provides a range of leisure opportunities for Harlow residents aged 50+ at various sites around Harlow, as well as regular outings. Membership is £2 per year. Members receive an information package with details of the activity programmes, daytrips and regular updates. For more information, contact:

(01279) 446518 – ask for Glynis Gardner or Jolene McCarthy
Email: Glynis.Gardner@harlow.gov.uk or Jolene.McCarthy@harlow.gov.uk

Harlow Council Leisure Opportunities for young people

Coach Education Grants for Football/Netball Volunteers – these are provided through partnership working opportunities with Harlow Youth Action Group Football for All and Harlow Youth Netball Action Group.

(01279) 446417 Ask for Helen Offord

Football Opportunities for Girls – for girls aged 7-12 who would like to part in Saturday morning training and one day football festivals. Session fees are subsidised with funding from Sports Relief and the Football Foundation through Harlow Youth Action Group, Football for All.

(01279) 446417 Ask for Helen Offord

Football Opportunities for People with Disabilities – for disabled young people aged 13-18 who would like to play football as part of a team. Opportunities exist to train once a week and take part in the “STEP” Football Disability League and visit White Hart Lane, Tottenham, once a month for a 6-a-side match against other disability teams. Session fees are subsidised with funding from Sports Relief and the Football Foundation through Harlow Youth Action Group, Football for All.

(01279) 446403 Ask for Frank Compton

Leisure Active – a project aimed at “at risk” young people aged 13-19 years to encourage participation in the wider community through sport, leisure and social education. Leisure Active is funded by the European Social Fund.

(01279) 446438 Ask for Ros Green
Email: ros.green@harlow.gov.uk

Sports funding applications – for information to assist groups, organisations and individuals in accessing funding grants.

(01279) 446435 Ask for Christopher Purvis

Youth activities in School Holidays – for young people aged 13-19. Leisure activities are organised for Easter, Whitsun, Summer, October and February School Holidays to encourage positive activities for young people. Activities are subsidised through external funding. Marketing is particularly targeted to referral agencies in the town to assist youth social inclusion or problems associated with anti-social behaviour.

(01279) 446417 Ask for Helen Offord

Harlow Youth Festival – a range of activities organised by young people for young people for the summer holidays.

(01279) 625730 Ask for Maureen Pearman

Leisure Card

Harlow Council provides a free leisure card for all residents in areas where Council Tax is payable to Harlow Council. It can be used to get discounts on Harlow Council leisure facilities. There are extra discounts for retired residents and those on low incomes. You can get a leaflet and application form from Contact Harlow (01279 446655).

National Council for the Divorced and Separated (NCDS)

Membership of NCDS is available to all divorced, separated and widowed people who provide proof of status. NCDS is a non-profit making organisation which aims to provide social activities in a safe environment for its members.

NCDS, c/o 101 Anson Road, Great Yarmouth, Norfolk NR31 0EG

(07041) 478120 – phone and fax number

Email: info@ncds.org.uk

Website: www.ncds.org.uk

Visitor Information

The Visit Harlow website guides you around the best visitor attractions in Harlow with details of what's on at different venues, where to eat and drink and accommodation for tourists. You can download free maps. You can send emails to visiting@harlow.gov.uk or via the website.

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(01279) 446449 Fax: (01279) 446495

Website: www.visitharlow.com