

JUNK MAIL AND PHONECALLS

Bereavement Register

Direct mail and telephone calls made to people who have died causes distress. The Bereavement Register is a service specifically designed to remove from databases and mailing files the names and addresses of people who have died. You can register online on the website or write or phone the Bereavement Register.

Freepost SEA8240, Sevenoaks, Kent TN13 1YR
0870 600 7222– ask for Bereavement Register Helpline
Website: www.the-bereavement-register.com.uk

Email Preference Service

You should contact your internet service provider first if you are receiving unwanted emails or spam. They may be able to reduce it at source or advise you how to set your computer to do so. You can also register with the Email Preference Service by following the link on the Direct Marketing Association's website at www.dma.org.uk

Mail Preference Service (MPS)

If you are not interested in receiving unsolicited direct mail from marketing companies, you can register free of charge with the MPS. The MPS cannot stop delivery of unaddressed mail or mail addressed to "The Occupier". It will not stop mail if you are a customer of a company or have requested information from them in the past.

MPS, Freepost, London W1E 0ZT
0845 703 4599 MPS Registration Line
Email: mps@dma.org.uk
Website: www.mpsonline.org.uk

Telephone Preference Service (TPS)

Registering your telephone number with TPS will stop telemarketing calls from all companies, charities and voluntary organisations, except for specific companies whom you have previously authorised to ring you. TPS is a free service provided by the Direct Marketing Association.

3rd Floor, DMA House, 70 Margaret Street, London W1W 8SS
0845 070 0707 TPS Registration Line
Email: tps@dma.org.uk
Website: www.tpsonline.org.uk