

## HOLIDAYS

### Disabled People's Holidays

Disability Essex (edpa) has information covering all aspects of holidays for people with disabilities, with details of accommodation to suit all types of disability, physical, sensory or learning difficulties. Most tastes can be catered for, from holidays in the U.K. or abroad; in hotels or self-catering; activity holidays etc. There are "Care" holidays available for any degree of physical disability with 24 hour nursing care if needed. They also have details of holidays for people needing the minimum amount of help.

Moulsham Mill, Parkway, Chelmsford CM2 7PX  
01245 253 400 (with minicom) Fax (01245) 346 730  
(0870) 873 6333 – helpline  
Email: [info@essexdpa.org](mailto:info@essexdpa.org)  
Website: [www.essexdpa.org](http://www.essexdpa.org)

The Family Fund can also give grants for holidays for severely disabled or seriously ill children.

Unit 4, Alpha Court, Monks Cross Drive, Huntington, York YO32 9WN  
0845 130 4542 01904 658085 – Minicom users  
Email: [info@familyfund.org.uk](mailto:info@familyfund.org.uk)  
Website: [www.familyfund.org.uk](http://www.familyfund.org.uk)

Social Services (0845 603 7630) can assist disabled people with the cost of a holiday and may provide transport and facilities. They may also apply on behalf of families with children to the Family Holiday Association for holiday funding.

Tripscope offers expert advice and information to people with impaired mobility on overcoming travel and transport difficulties. Wherever you live, whatever your journey, Tripscope can help with information about any need you may have getting from place to place e.g. where to hire wheelchairs etc. It is not a travel or booking agency.

Tripscope, The Vassall Centre, Gill Avenue, Bristol BS16 2QQ  
08457 585641 low rate number, both telephone and minicom  
Email: [enquiries@tripscope.org.uk](mailto:enquiries@tripscope.org.uk)  
Website: [www.tripscope.org.uk](http://www.tripscope.org.uk)

Vitalise (formerly the Winged Fellowship Trust) is a national charity providing holidays for disabled and visually impaired people and essential breaks for their carers.

12 City Forum, 250 City Road, London EC1V 8AF  
0845 345 1972  
Email: can be sent via the website  
Website: [www.vitalise.org.uk](http://www.vitalise.org.uk)

Reference books on holiday and travel facilities suitable for people with disabilities are available from local libraries (01279 413772). Some books also contain advice on possible sources of help with holiday costs.

**Family Holidays**

Welfare agencies such as Social Services (0845 603 7630) or the Advice Centre (01279 446622) may apply on behalf of families with children to the Family Holiday Association for holiday funding. Families cannot apply directly.

Family Holiday Association, 16 Mortimer St. London, W1T 3JL

020 7436 3304 Fax: 020 7323 7299

Email: [info@fhaonline.org.uk](mailto:info@fhaonline.org.uk)

Website: [www.fhaonline.org.uk](http://www.fhaonline.org.uk)