

GAMBLERS

Gamblers Anonymous and Gam-Anon

Gamblers Anonymous is a self-help group for men and women who have joined together to do something about their own gambling problems. Gam-Anon offers friendship, practical help, comfort and understanding to parents, partners and friends of compulsive gamblers. Both groups can be contacted on the same number but have different websites.

08700 50 88 80 - London and South East

Website: www.gamblersanonymous.org.uk

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