

## **EX-ARMED FORCES**

These organisations offer advice, practical support and comradeship to ex-service personnel and their families.

### British Limbless Ex-Servicemen's Association (BLESMA)

(020) 8590 1124

### Burma Star Association

(020) 7823 4283 - ask for Rowena Patrick

### Far East Prisoners of War Association (West Essex /South Herts)

(01279) 429959 – ask for Mr E Money

### League of Gentlemen '95

(01279) 413485 – ask for Mr Hobdell

### Normandy Veterans' Association

(01279) 438538 – ask for Fred Baker (Welfare Officer)

(01279) 413517 – ask for Mrs Ong (Secretary)

### Royal Air Force Association

(01279) 433995 – ask for George Brown

### Royal British Legion

(01279) 866456 – Harlow Town Branch

### Royal Naval Association

(01279) 865919 – ask for Mrs June Ray

Email: [june.ray@ntlworld.com](mailto:june.ray@ntlworld.com)

### Soldiers, Sailors and Airforce Association (SSAFA)

Mr H Myles, 34 Great Lawn, Ongar CM5 0AA

(01277) 362023

### War Widows' Association of Great Britain

(01279) 453260 – ask for Bridie Beeson

The **Veterans Agency (War Pensions)** is part of the Ministry of Defence and provides benefits to veterans and their dependants for disablement caused or made worse by service in HM Armed Forces.

Veterans Agency, Norcross, Blackpool FY5 3WP

0800 169 2277

Email:

Website:

Textphone: 0800 169 34 58

[help@veteransagency.mod.uk](mailto:help@veteransagency.mod.uk)

[www.veteransagency.mod.uk](http://www.veteransagency.mod.uk)