

BEREAVEMENT

Bereavement Care

This self-help group meets at The Hare Pub from 10am to 11.30am every Thursday. Counselling can be arranged.

(01279) 431175 (Secretary) or 453911 (Chair) or 626275 (Treasurer)

Bereavement Register

Direct mail and telephone calls made to people who have died causes distress. The Bereavement Register is a service specifically designed to remove from databases and mailing files the names and addresses of people who have died. You can register online on the website or write or phone the Bereavement Register.

Freepost SEA8240, Sevenoaks, Kent TN13 1YR
0870 600 7222– ask for Bereavement Register Helpline
Website: www.the-bereavement-register.com.uk

If you want to remove unsolicited mailings, telephone calls and emails to yourself, see the Junk Mail and Phonecalls section.

Compassionate Friends (TCF)

TCF offers support to all parents and families where children may have died at any age and from any cause. There are specific support groups for families bereaved by homicide or where a child has committed suicide. The Helpline is open 10am to 4pm and 6.30 pm to 10.30pm, 365 days a year.

53 North Street, Bristol BS3 1EN
08451 23 23 04
Email: info@tcf.org.uk
Website: www.tcf.org.uk

Cruse Bereavement Care

This charity offers free information and advice to anyone who has been affected by a death. It provides support and counselling one-to-one and in groups. It also offers education and support to anyone supporting bereaved people of any age.

Cruse Bereavement Care, Cruse House, 126 Sheen Road, Richmond, Surrey TW9 1UR
020 8939 9530 Administration Fax: 020 8940 7638
(0870) 167 1677 Helpline
Email: helpline@crusebereavementcare.org.uk
Website: www.crusebereavementcare.org.uk

Gems

This is a local social group for the widow, widower and living bereaved.
Contact Carole Titterton on 077 1354 4168
Email ctitterton@sky.com

WAY Foundation

This charity provides a social and support network for men and women widowed up to the age of 50 and their children. It also raises public awareness of the needs of those widowed young and their children.

PO Box 6767, Brackley, Northampton NN13 6YW

0870 011 3450

Email: info@wayfoundation.org.uk

Website: www.wayfoundation.org.uk